



Fall Session 2019

Sundays at 6:00PM – 9:00PM

10 Weeks Beginning September 29 – December 8

Wetsel Middle School Gymnasium

\$300 Per Team – 10 Games

Important Dates

- **September 20 – Registration and Payments Due**
- **Mandatory Coaches Meeting Sept 22 5:30PM**
- **Open Gym/Scrimmage Games Sept. 22 6:00PM-9:00PM team schedules TBD**
- **2 Levels of play – Women's A and Women's B**
- **Maximum of 6 teams per level**

Open to women ages 15 and up



For more information or individual looking for team: Please contact Lindsay Von Herbulis, Commissioner, at lindsay.mcparksrec@gmail.com or message me via Facebook. You may message me for my cell number or contact Madison County Parks and Rec at 540-308-1247.

2019 Indoor Volleyball Registration Form

Assumption of Risk and Release

In agreeing to participate in the program, as participant or a parent or guardian of a participant, do hereby affirm that the general health of I/participant is good, I/participant is not adversely affected by exercise and that I/participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I/participant do hereby assume all risk of any injury to the myself/participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims and demands of every kind or nature whatsoever that I/participant have or which arise from or in connection with participation in this activity, the County of Madison, VA, the County Board of Supervisors, the Madison County Department of Parks and Recreation and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that I/participant will, at his own expense, wear the proper clothing and protective equipment during the activity and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I agree to allow transportation of the myself/participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

****Rosters must be submitted to the Commissioner at the beginning of the season.**

****Each Roster can hold 10 people**

****Substitutes can be selected from the Sub list. Participants can be added to the sub list at any time and do not need to be on a roster. Sub lists are good for one calendar year.**

Team Name: _____

****Circle Preferred League:** Women's A

Team Captain: _____

Women's B

E-mail: _____

Phone: _____

	Name	Signature	Parent/Guardian Signature (if under 16)
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

****All requests will be reviewed by commissioner and placed at the discretion of the commissioner based on history and skill level of players on roster. We wish to maintain competitive play while providing a safe atmosphere for players in our leagues.**

M CPR Women's Volleyball 2019

Rules

1. High School Rules apply unless modified below.
2. Players must be 15 and up. All players must read and sign liability form before playing. Players under 16 must have a parent/guardian sign. There will be no exceptions.
3. Players who currently play on any high school sports team must provide written permission from coach to play before 1st game.
4. Only 6 people on the court at a time. Minimum of 4 to play. Matches will start at scheduled time. You will forfeit your first set if 4 players are not ready to play at scheduled play time. You may play the forfeited set if opponent agrees. The second set will be forfeited after the first game is completed if team still does not have the required number of players.
5. Teams must present a roster before first game of season. No players are allowed to play unless on roster or approved free agents. Teams are allowed to carry up to 10 people on roster but only 6 players on the court at a time. In case of injury, teams will be allowed to replace one injured player per session.
6. Back row may not attack in front of the attack line
7. Players may not attack or block a serve
8. Substitutions may be as followed but must stay the same way throughout the match:
 - a. Players may sub in and out for the same person throughout the match
 - b. Players may rotate in for server after their serve.
9. Teams will play the best 2 of 3 games. Sets 1 & 2 are played to 25. Sets must be won by 2 points. If a set 3 is required, it will be played to 15. Game 3 is only played if there is enough time left in the 30 minute time limit or for the last game of the night.
10. If the ball contacts the backboards/net over the court a replay shall be called. If the ball hits the backboard at the ends of the court and a player is in the vicinity to make a play, a replay shall be called. If no one is able to make a play, the ball is ruled out-of-bounds.
11. If the ball contacts ceiling and remains on hitter's side then ball may remain in play. If it ball goes over net it will be ruled dead ball.
12. It is a violation to enter the other court to play the ball. Ball shall be ruled out-of-bounds.
13. Players may hit the net on the way down from a block (not the tape at the top) or if they are not involved in the play. If they are involved in the play, or if they contact the top tape while involved in a play, it is a violation.
14. This league is intended for friendly fun competition for all levels. This league is designed to help players grow and have fun.
15. Please be respectful and use good sportsmanship at all times.
16. We are excited to have MCHS students and Varsity volleyball players officiate for us. Please respect them and their calls. All calls are final. There will be no tolerance for arguing or being disrespectful with referees. After an initial warning, please note that the referees will have the authority to award points to the opposite team for offenders who repeatedly argue calls or are disrespectful to the referee during a match. The player will be asked to leave the match and gym after 3 points are given.

Housekeeping

- Please NO FOOD or DRINK in gym. Water is allowed in sealed containers.
- Please discard any trash in proper receptacles.
- Spectators must enter and remain in designated areas. No unattended children. (Playing parent must have a non-team adult to watch child)
- Supervised children must not enter courts nor climb on bleachers or mats. They must be escorted if leaving gym for any reason. No playing in halls.
- Participants are asked to help take down the nets after play is complete and clean up any remaining trash.

Team: _____ Captain: _____