

# M CPR Women's Volleyball 2019

## Rules

1. High School Rules apply unless modified below.
2. Players must be 15 and up. All players must read and sign liability form before playing. Players under 16 must have a parent/guardian sign. There will be no exceptions.
3. Players who currently play on any high school sports team must provide written permission from coach to play before 1<sup>st</sup> game.
4. Only 6 people on the court at a time. Minimum of 4 to play. Matches will start at scheduled time. You will forfeit your first set if 4 players are not ready to play at scheduled play time. You may play the forfeited set if opponent agrees. The second set will be forfeited after the first game is completed if team still does not have the required number of players.
5. Teams must present a roster before first game of season. No players are allowed to play unless on roster or approved free agents. Teams are allowed to carry up to 10 people on roster but only 6 players on the court at a time. In case of injury, teams will be allowed to replace one injured player per session.
6. Back row may not attack in front of the attack line
7. Players may not attack or block a serve
8. Substitutions may be as followed but must stay the same way throughout the match:
  - a. Players may sub in and out for the same person throughout the match
  - b. Players may rotate in for server after their serve.
9. Teams will play the best 2 of 3 games. Sets 1 & 2 are played to 25. Sets must be won by 2 points. If a set 3 is required, it will be played to 15. Game 3 is only played if there is enough time left in the 30 minute time limit or for the last game of the night.
10. If the ball contacts the backboards/net over the court a replay shall be called. If the ball hits the backboard at the ends of the court and a player is in the vicinity to make a play, a replay shall be called. If no one is able to make a play, the ball is ruled out-of-bounds.
11. If the ball contacts ceiling and remains on hitter's side then ball may remain in play. If it ball goes over net it will be ruled dead ball.
12. It is a violation to enter the other court to play the ball. Ball shall be ruled out-of-bounds.
13. Players may hit the net on the way down from a block (not the tape at the top) or if they are not involved in the play. If they are involved in the play, or if they contact the top tape while involved in a play, it is a violation.
14. This league is intended for friendly fun competition for all levels. This league is designed to help players grow and have fun.
15. Please be respectful and use good sportsmanship at all times.
16. We are excited to have MCHS students and Varsity volleyball players officiate for us. Please respect them and their calls. All calls are final. There will be no tolerance for arguing or being disrespectful with referees. After an initial warning, please note that the referees will have the authority to award points to the opposite team for offenders who repeatedly argue calls or are disrespectful to the referee during a match. The player will be asked to leave the match and gym after 3 points are given.

## Housekeeping

- Please NO FOOD or DRINK in gym. Water is allowed in sealed containers.
- Please discard any trash in proper receptacles.
- Spectators must enter and remain in designated areas. No unattended children. (Playing parent must have a non-team adult to watch child)
- Supervised children must not enter courts nor climb on bleachers or mats. They must be escorted if leaving gym for any reason. No playing in halls.
- Participants are asked to help take down the nets after play is complete and clean up any remaining trash.

Team: \_\_\_\_\_ Captain: \_\_\_\_\_